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TAGAZINE INTRODUCTION

The Teen Advisory Group (TAG) started in the Western Cape province of South Africa in 2008 with the aim to engage with adolescents and young people (AYP) as co-creators of social science research, and develop AYP-informed policy and programming recommendations. In 2018, the Accelerating Achievement for Africa's Adolescents Hub conceived of and planned the establishment of TAG groups in Kenema, Sierra Leone and Entebbe, Uganda. In 2019 these expanded to the Eastern Cape, and in 2020 to Kisumu, Kenya.

The goals of TAG are to:

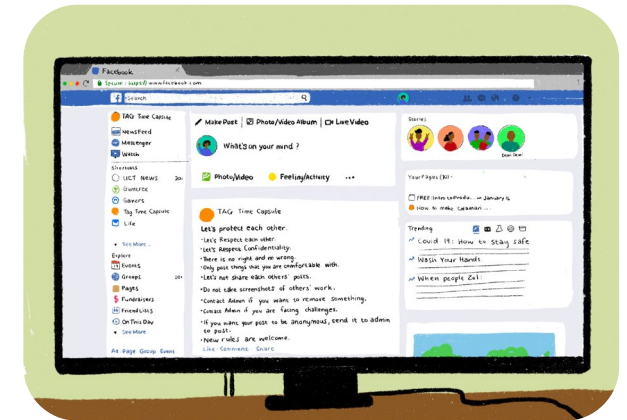
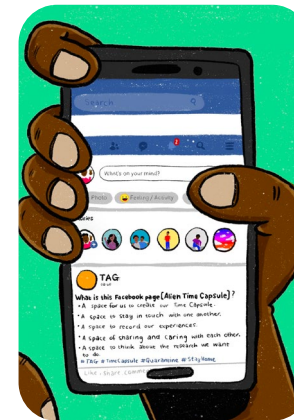
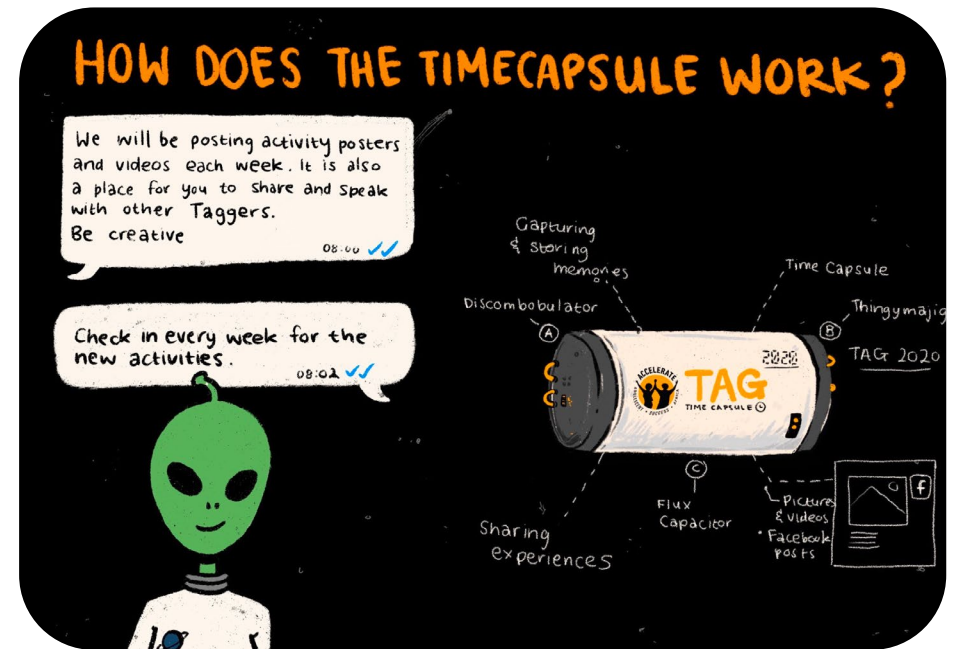
- (1) Generate empirical data;
- (2) Build methods or co-laboratories, where participatory and arts-based methods are developed and tested in partnership with AYP; most importantly,
- (3) Shift power during the research process.

Due to COVID-19, in person meetings with TAG groups were not possible. Based on AYP suggestions, we hosted Facebook activities in a closed group to explore and document young people's experiences during this time. The young advisors were framed as ambassadors of earth who would fill a time capsule with their experiences for alien visitors. This scenario created a conceptual distance from COVID-19 and encouraged creativity and playfulness. As time went on, the alien concept did not stay but the time capsule remained. The Facebook page became a place where young advisors of TAG could document and analyse their experiences, identify solutions to local problems, and critically assess development initiatives.

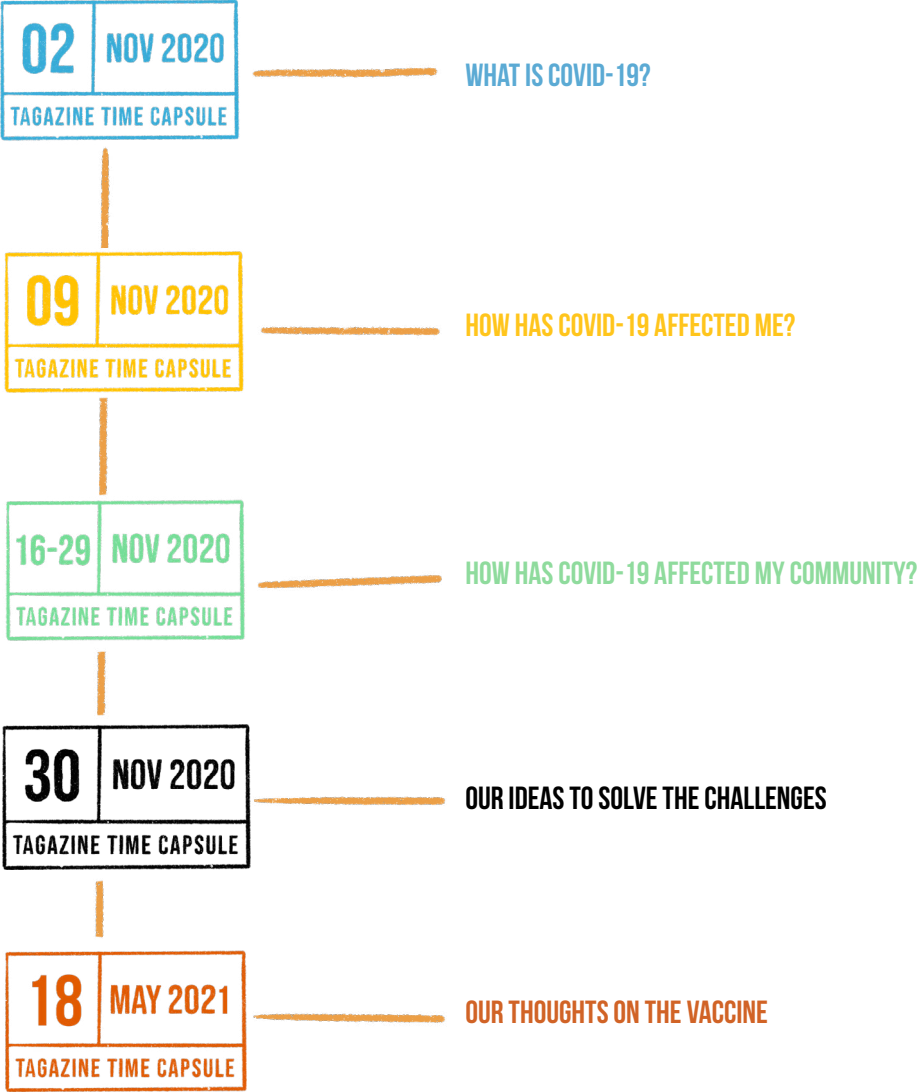
This **TAGAZINE** is a snapshot of the TAG members' experiences and the result of everyone's collective efforts and engagements over the last two years. Despite being unable to be together in person, our virtual gatherings helped us stay together in heart and spirit.

We hope you find the **TAGAZINE** engaging, insightful and useful in your own life.

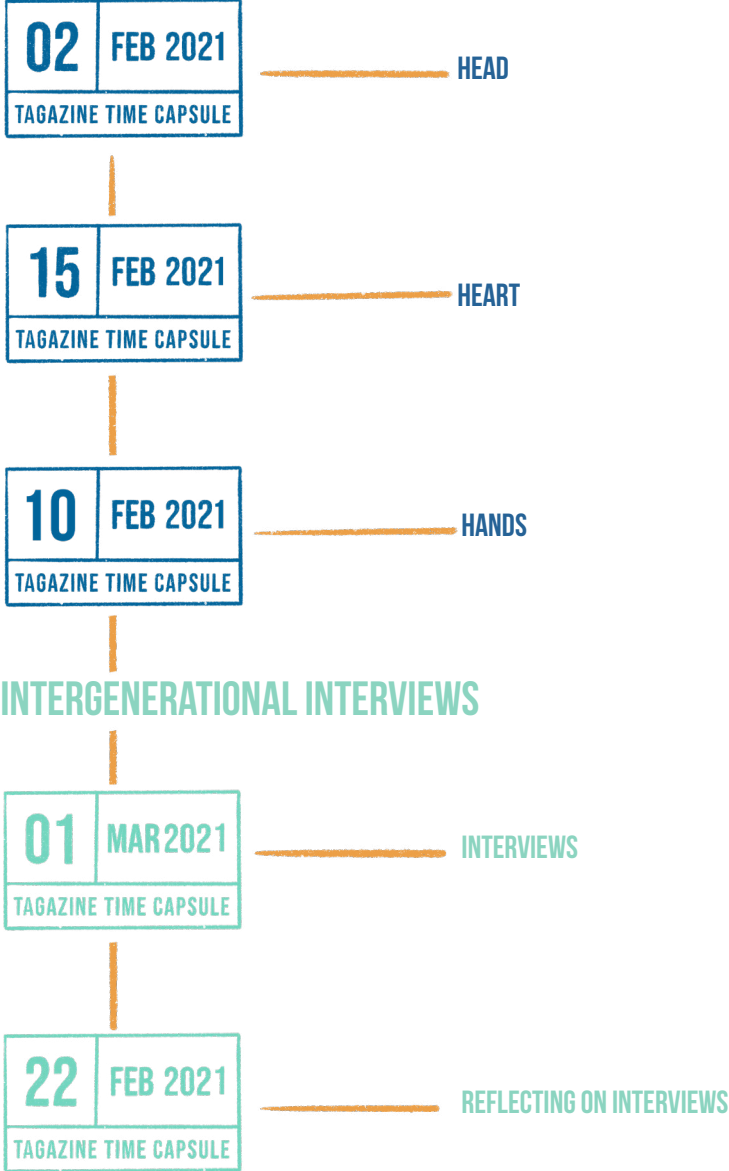
Thank you!
TAG team



FACEBOOK TIME CAPSULE TIMELINE



YOUNG PEOPLE & RESILIENCE



Molweni Sisi.. I feel red 🍷 because these days I loved and I'm happy. 😊😊 I've hurt in the past few weeks things were not good at all 😞💔 I felt like life was over for me but I managed to stand up for myself so now things are better and I'm so happy 🍷😊
(Female, 21, Eastern Cape)

Hi again guys ... Hope y'all doing lovely good family. The Colour that I chose is indigo Because it represents me myself and I ..that colour isn't that much bright lil dim and calm bright ..even when you see it on a rainbow y'all not see it on good quality but flowering slightly gently glow now every time I see the colour I become motivated because I'm feeling light an connected with my high self ...and what I also love about the colour is that isn't being notice more often time ...but the beauty that it has once you see it ...it will never be forgotten into your eyes...cause you saw something special...*❤️😊❤️
(Male, 24, Eastern Cape)

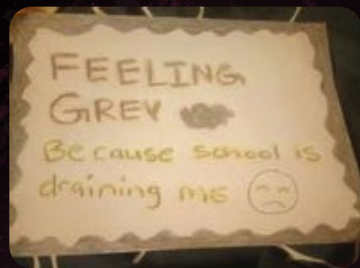
Hey Guys my colour for today is green 🍃🍃🍃🍃 I didn't write well at all today, and I have been stressing because my exam was tough people please pray for me guys...will do my best love you all ❤️🍃
(Female, 24, Eastern Cape)

Feeling White, because I'm in a bright side finding my spirit because I now know who am I ,so I'm learning lot of things about me During lockdown my life was hard facing things
(Female, 21, Western Cape)

I feel white because I'm in a bright way of finding who Am I ,course during lockdown it was very tough for me life was not good. 💔💔
(Female, 21, Western Cape)

Hello family how is it, it's going to be good people to me it's red for danger, I'm afraid that corona will be found in my school we are not going now.....but how are you guys? 😊😊😊
(Female, 24, Eastern Cape)

Feeling grey because school is draining me.
(Female, 17, Western Cape)



Wow guys I can't share my feeling according to colours but am happy and sad at the same time am confused 2020 was just not my year ever since this lockdown started nothing has been going well i feel like my life has been cursed or something sometimes i wish i could just disappear and never appear again what am dealing with is way too much for me 😞😞
(Female, 22, Western Cape)



Choose a colour that represents you.

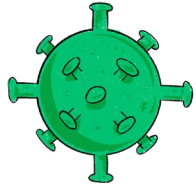
COLOUR CHECK IN

WHAT IS COVID -19?

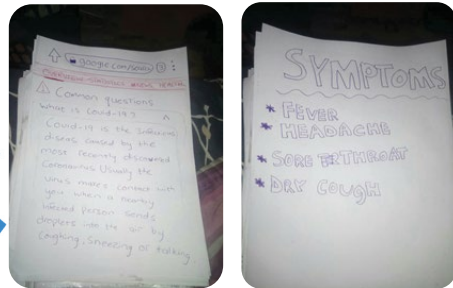


"Imagine that aliens visited our planet earth and did not know what Covid-19 was. If it were up to you, how would you explain the virus to an alien that has no clue?"

It's an infectious disease that is caused by a newly discovered corona virus and it is dangerous it has killed many people
(Female, 22, Eastern Cape)



Corona virus is infectious disease caused by the newly discovered corona virus. The virus caused Covid 19 is mainly transmitted through droplets generated when an infected person coughs, sneezes or exhales. These droplets are too heavy to hang in the air, and quickly fall on floors or surfaces.
(Male, 21, Eastern Cape)



I would say Covid is a disease like TB that kills us. This disease is very dangerous and spreads very fast. Until the treatment is found, we must follow the rules and wear our masks when we are sitting with people and wash our hands, keep far apart from each other, that is, keep social distance.
(Female, 22, Western Cape)

It attacks body joints and they just become weak because COVID takes over control of the body
(Female, 22, Western Cape)

I would say if I were to compare it, it is like meningitis because it starts with shortness of breath... and when it's worse it becomes a headache, and you get sick mentally or die... It eats up your body joints and you have to stay alone and not infect others... it's easy to affect someone else... so yes
(Female, 23, Western Cape)



Stories of Ebola survivors

Although Ebola is a severe, often fatal disease, getting medical care early can make a significant difference. Today, about 1 out of 3 Ebola patients survive. Many of them are now using their experience to help fight the disease in their community. Here are their stories.

Adama Sankoh, Sierra Leone



Adama Sankoh, released from the Makeni Ebola treatment unit on 24 August 2015, said she now knows

I agree with your ideas guys, but I ask myself how is it different or what makes it different from this disease called Ebola, because by in my opinion Ebola is also the same as Covid-19 the way you get it but some signs are not the same
(Male, 28, Western Cape)

The speed rate of Ebola and the symptoms are similar to corona.
(Female, 21, Western Cape)

He is correct because the speed rate of Ebola, most of the symptoms are similar
(Female, 21, Western Cape)

Ebola virus kills whether your body system is weak or strong, chronic or non-chronic... iyabulala (it kills) and there's no survivor of Ebola that I know of but Covid-19 has many survivors
(Male, 29, Western Cape)

Me I think they differ because Ebola affects skin mostly but it also kills
(Male, 21, Western Cape)

OVERVIEW	SYMPTOMS	TREATMENTS	NEWS
of appetite, malaise, or sweating Gastrointestinal: diarrhoea, nausea, vomiting, or vomiting blood Also common: coughing up blood, eye redness, headache, mental confusion, red spots on skin, or sore throat			
For informational purposes only. Consult your local medical authority for advice. Sources: Mayo Clinic and others. Learn more			

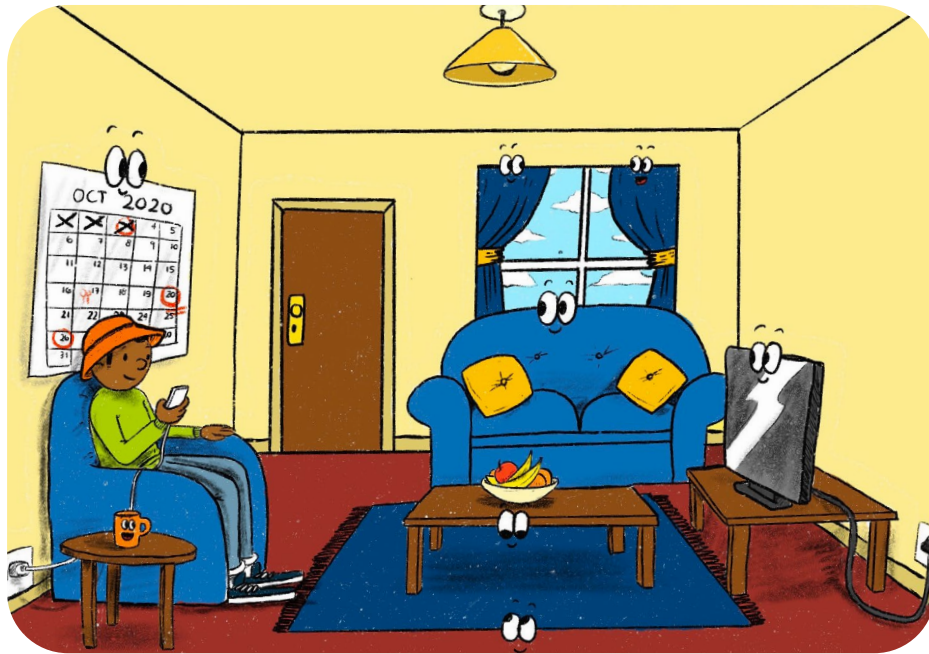
More results

www.cdc.gov/vhf/symptoms

Signs and Symptoms | Ebola Hemorrhagic Fever | CDC

Primary signs and symptoms of Ebola often include some or several of the following: Fever, Aches and pains, such as severe headache, muscle and joint pain, and abdominal (stomach) pain. Weakness and fatigue. Gastrointestinal symptoms including diarrhea and vomiting. Abdominal (stomach) pain.

HOW HAS COVID AFFECTED ME?



“Think back to lockdown level 5 and what it was like. If an object within your home could describe what your life was like, what would that object be and what would they say?”



I think COVID19 has touched me because it has locked me inside the house.....but it has reminded me that cleaning the house with things that removes bacteria is important even though we knew that it is important to use things that remove bacteria and washing hands. So something that was always with me during this covid19 its a tv. It was a thing when here was Covid showing us how to live with this virus and how to protect our selves And it was the reason that made me take this thing serious about this Covid. So TV is the only thing that knows my life during Covid.
(Female, 23, Eastern Cape)



My phone when I was happy it was with me and even when I was sad it was there because it understands me
(Female, 21, Western Cape)



wow interesting how does it understand you?

Like it throws it's hand at me alone like a person because it's always by my side all the time)
(Female, 21, Western Cape)

Sorry wait what do you mean by it throws its hand at you?
(Female, 20, Western Cape)

Like it doesn't give up on me and it will never leave me it's always next to me
(Female, 21, Western Cape)

I think coronavirus is troubling me because it has locked me in the house I was unable to do a lot of things and many people have been died because of this Corona So I'm scared of Covid..
(Male, 20, Eastern Cape)



Sorry to hear that. What object would you say you always use or an object that is with you all the time while you were scared and locked inside your home? What would it say about you and your experiences and your feelings?

What helped me in this Covid is staying at home and not be going outside to find this Covid and the phone was helping me see people who are no longer there because of this Covid.....
(Male, 20, Eastern Cape)

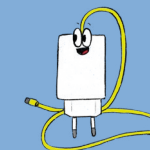
Hello, I would say the object I choose is my bed because it was always with me from the beginning until now... it was always there because I always locked myself in my room and climbed on it and think I would say it's the one that knows me more than everyone because even when I had a problem, I cried on it and kept quiet on it. In other words, I would say it comforted me
(Female, 21, Western Cape)



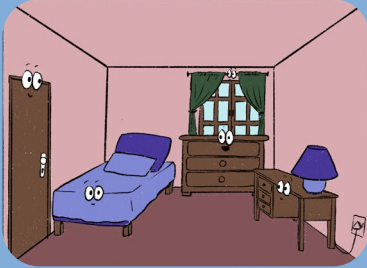
Hello, I would say the objective that was always with me, it's my phone because it was always next to me all the time, also the bed when something says sleep I would sleep and not ask anyone.
(Female, 21, Western Cape)

Mna I would say my mirror... Always when am sad nor happy my mirror is always there for me and sometimes it would make me feel better when I talk to it.. I mean myself looking at the mirrorr so je it was always there and everything that has happened to me it could tell or rewind if it was possible
(Female, 23, Western Cape)

I was going to take a picture of my phone but without this charger I wouldn't have a phone to click... Heee we've been through a lot me and this charger it's always there for me when I need it when my phone looks like it's about to turn off there's no need for me to look far and I can even play music while I'm charging it
(Female, 17, Western Cape)



HOW HAS COVID AFFECTED ME?



I would say all the objects in my room, know my story. I'm in my room most of the time. Plus my phone also knows my story because it is always with me.
(Female, 21, Western Cape)

All the objects viewed me in the same way because they all in the same room. I don't know what kind of a person they would say I was since it's different objects, I think they would have different opinions. I handled things well but I did not like being stuck in a room for too long but weirdly enough I loved chilling in my room.
(Female, 21, Western Cape)

So, in your view how would they (the objects) say you were using them? How you used them would you say it was dependent on your mood? How?
(Female, 21, Western Cape)

My door would say I'm ignoring it, I never open it. All I do is stare at it when I'm thinking. My chest of drawers would say I'm used all the time and I don't rest.
(Female, 21, Western Cape)

Haiké my bed would maybe say hayi sister can you go and stay in other places you are heavy on me.
(Female, 21, Western Cape)

Hello in this picture, it's me and my grandmother, the person who raised me until I was the girl I am today, we've been together during this lockdown we gave each other strength and encouraging each other... During this Covid thing, I panicked a lot when I heard that this disease kills people in the 60's and above because she's also in this age.. But we managed to fight this pandemic the two of us by following the rules and regulations that we were instructed to do and here she is and here we are both still.
(Female, 21, Western Cape)



HOW HAS COVID AFFECTED ME & MY COMMUNITY?

16-29 NOV 2020
TAGAZINE TIME CAPSULE

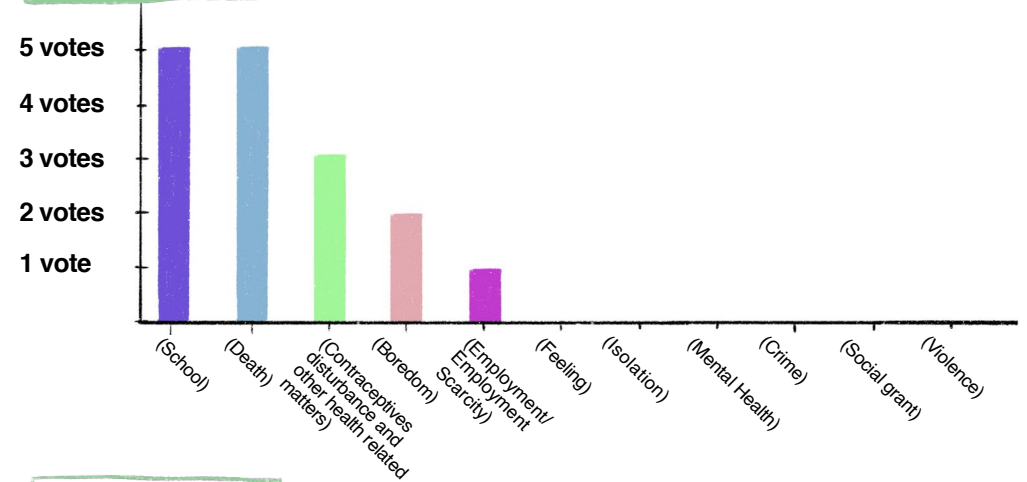


"Before, we asked ourselves how Covid affected us as individuals. Now, we can look around us and think of how Covid affected our communities and the rest of the world."

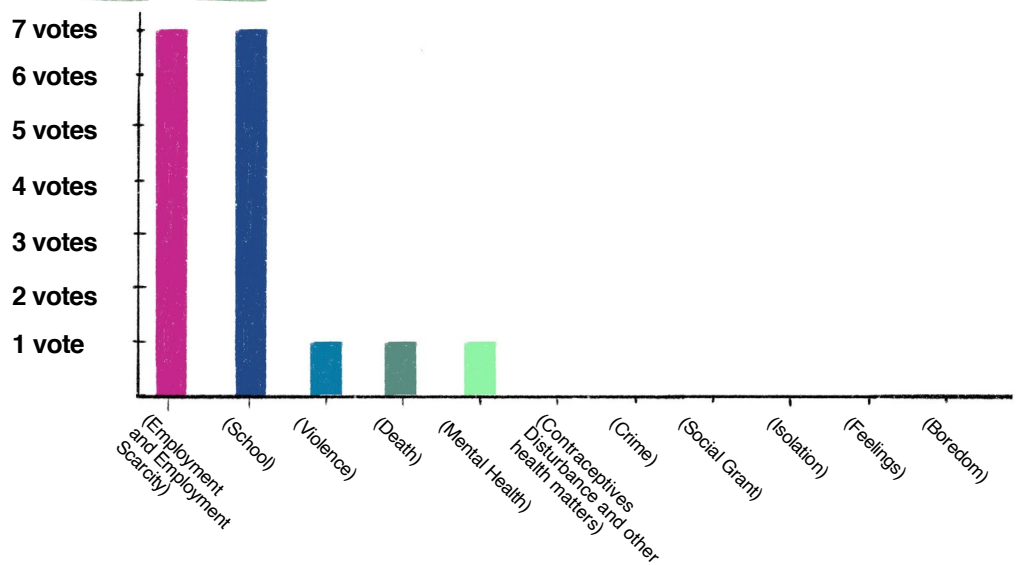
FACEBOOK POLL:

You told us that the main issues affecting the world around you are school, work/unemployment, violence, death, social grants, interruptions to contraception and other health services, emotion/mental health, social distancing, boredom, crime. Please vote for the top three issues that you think are most important.

Western Cape



Eastern Cape



QUARANTINE.



Most of people died because of this Covid 19.. we lost people we love.. it has killed so many people

The world has changed because things aren't the same before: People who are not working are getting paid social grant : We're wearing mask: There's social distance.
(Female, 21, Eastern Cape)

and friend this thing of wearing masks man it makes us breathe uncomfortable some of us
(Female, 23, Eastern Cape)

NO WORK.
NO SCHOOL.

WEAR A MASK

COVID has affected them by closing everything when it started and some people couldn't afford food as usual because in other jobs, they say no work no pay so we have suffered a lot, even caused stress in our parents It delayed us in school. It made people sick. We've lost people because of Covid.
(Female, 23, Eastern Cape)

It has affected me emotionality, physical, spiritually and financialy
(Female, 21, Western Cape)

So much in a very subtle way our presidents only care about the economy of the country instead of putting people's needs first.
(Female, 21, Western Cape)

People have lost their jobs, some are broke which lead to stress... even in schools it's hard to focus and other churches are closed other people are just sitting in their homes they are not doing anything
(Female, 21, Western Cape)

LOTS OF STRESS!

It affected many things very much for one many have lost their jobs we talking over millions of people covid 19 is one thing but this lockdown made a huge impact on all of us schools were closed number of killings went high kids are drop outs mostly are using drugs because schools are on hold people had to adjust to the change mostly saw fit to join gangs for a quick money number of pregnancy went high too because well at clinic they didn't want people who come for contraceptives because of this covid masks became our friends because without it you don't get in places we are afraid to going for check ups because the only thing they know at Clinics is covid as though we cannot get sick with other things
(Female, 21, Western Cape)

Lack of employment. Travelling. The freedom to move around freely like we used to before. Crime has increased. It has promoted local businesses. #supportlocalbusinesses It has created young entrepreneurs. Has affected the education system badly.
(Female, 21, Western Cape)

HOW HAS COVID AFFECTED MY COMMUNITY??

CURFEW

You should always wash your hands, sanitize. Some of us can't even have these sanitisers because you have to use money from your pocket to get them we are badly affected. Before the lockdown they said we should save water but now they say we should always wash our hands. Still now there are some places that are still struggling to access water and they cannot afford those sanitisers. Covid just did something else. Some are losing jobs. **The pandemic just came in and changed things.**
(Male, 28, Western Cape)

LOCKDOWN

???

HOW HAS COVID AFFECTED ME & MY COMMUNITY?

THE RESULTS ARE IN!

Last week you told us that the top issues for how COVID-19 has affected the world around you are:

1. **School**
2. **Social Grants**
3. **Interruptions to contraception and other health services**

This week we want to hear more from you about these issues. Please pick one of these issues and tell us more about it. You can tell us any way you want: in writing, with a video or a picture or a story.

We want you to tell us:

What has changed? (Please describe the problem.)
Why do you think this is important?

Things have changed in the school because things are no longer the same as the before, for example the number of children is no longer the same, it is limited. People at work are working with a limit, a few numbers are wanted and most of the people are out of jobs because many people are retrenched from their jobs because of Corona so that raised poverty so corona has made a lot of changes (Male, 21, Eastern Cape)

How are numbers at schools and work limited?

In schools the number that gets in each class is 30 and grades get in by weeks say by 2 or 3 in each grade that don't have each week maybe by 3 or 2 so that the covid regulations can be followed

1. social distance
2. wear mask
3. sanitise and on and on

At work numbers have been reduced I don't know by how much but most of the people when corona arrived they were retrenched because of the regulations (Male, 21, Eastern Cape)

BIGGEST ISSUES:
 1. SCHOOL
 2. SOCIAL GRANTS
 3. INTERRUPTIONS IN HEALTH SERVICES

WHAT HAS CHANGED??

Violence has made it because most of **the criminals have been helped by these masks** here in violence when they trouble and can't be seen so that has caused an increase in crime and the death of people are getting killed. (Male, 21, Eastern Cape)

Interesting about the mask that it is used for robbing, is this what you've seen happening or being done or hear happening?

mostly I hear about it on TV and sometimes I hear people talk about it (Male, 21, Eastern Cape)

No you see at school things has changed shame.... now if you have forgotten the mask you are turned back of which they have masks at school and they don't consider if you live far away shame and this social distance thing is hard at school and it is non existent shame even teachers have given up on it.

My uncle work at the clinic he says now they are collecting R1 rand for themselves in people who are sick because the government doesn't think for them as people who are in danger in this thing so these R1 they are collecting for themselves so they get tested for corona because corona test is not for free from what I hear (Female, 21, Eastern Cape)

###

CORONA TESTS



* INCREASE
OF CRIME

On our side the youth from this side saw an opportunity to start the gang association because of **not having anything to do, they also used drugs.** And then drugs are received through buying them, that causes you to have violence because you want money to buy them. And jobs when you are not working and you were used with doing things for yourself you become depressed, stress I mean you even look down at yourself because now you no longer have the power you thought you had, and also you are charged tax.
(Male, 28, Western Cape)

The other mechanic of cars was shot with his wife because he refused to pay a for that rent to these gangsters, they started with his wife and then they came back and killed the man
(Male, 29, Western Cape)



* GOALS &
DREAMS
ON HOLD !!

I wasn't easy to study at home due to alot of distractions from homes since everyone was at home from kids to adults and signals was also a problem for the internet sometimes you miss online classes or submission dates because you don't have data. **Goals and Dreams couldn't be achieved this year because of this virus, everything was paused for months due to the lockdown, jobs were lost, some people had to work from home and had their salaries decreased and due that decreased,** as I am doing a part time job of commission only with no basic salary in an insurance company, it was very difficult to achieve those yearly planned goals and we had existing clients putting their policies on hold because they couldn't afford any more. That's my story I can tell about the situation, it still difficult even now.
(Male, 29, Western Cape)

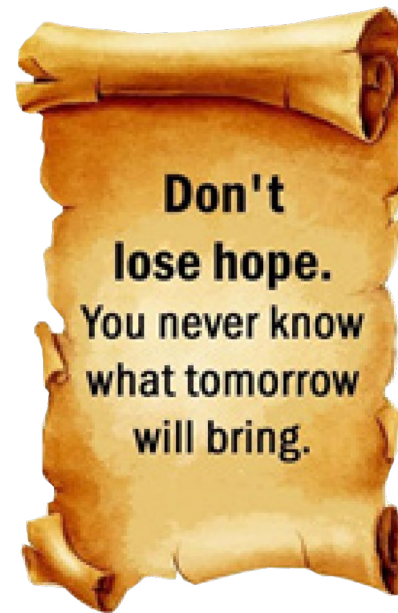
* WORKING FROM
HOME.



Hello Everyone ... This is my Certificate for being a qualified web developer

(Anonymised photo)

(Male, 21, Western Cape)



Good Morning Everybody . And have an Awesome Thursday Everyone

#BeMotivated and #StayPositiveAlways
(Male, 29, Western Cape)

OUR IDEAS TO SOLVE SOME OF THE PROBLEMS CAUSED



30 NOV 2020
MAGAZINE TIME CAPSULE

The last two weeks asked participants about effects of Covid-19 on them and their communities. This week, they are asked to think of solutions and ideas to solve the challenges they spoke about until that point.

The Challenge Is About Covid-19 that It stop everything global wise an its barely hard for everyone to move forward cause This Is Bio Chemical so it's around the Universe ...is something that we can not easily defeat but fortunately we all will in the name of the universe ...How we struggle on this ... Struggle to go to hospitals those who are sick , etc....I think to solve this Covid is to follow the rule that we've been given by the Government that ..we Gotta quarantine (Stay Home) and wear your face Mask everyday ..do exercise at home and guide your temperature ..and ..I think the person I can Talk to is the President because he is the only guy now he been responsible and respect to get the feedback about what is happening to our South African People ...so I think I can talk to him and convinced him that about how we go handle and solve the struggle we into ...cause it's way too much on others....

(Male, 24, Eastern Cape)



To Minister Police

As a person who is in charge of the police how I see this, I have noticed that violence as increased (especially) gender based violence cold especially women's abuse and being killed, I would advise you for trying to hire a lot of police and when you are about to hire the police, you may start investigating someone you will hire because violence and illegal things started to be done by them and stop this thing of catching someone saying You are going to investigate but here is the evidence that is complete and you end up with Bail thing. When you say you do that violence can come down.. and the President and the government should try to open jobs as much as they can and stop hiring for years or knowing each other because it is some of the things that cause violence because in order to get a job you need to get a job. You have a bribe which is people who don't have money for bribery that is why they lead you to doing illegal things.

(Female, 21, Western Cape)



Hi, me the way I think.



Schools: Yes the government tried but I wish it could do more than what they have done, 2 or three days per week. It's a very little time, I wish they could increase them because most of the time young people are home With different hobbies and habits.

Jobs: As you know that finding a job can take months ,years and so on. Than Covid-19 took over 'people were retrenched because of it. Some have been through from depressions. If you could just lift up "create more jobs, listen to us. Covid-19 caught us unexpectedly, and things went bad. More services could do.



Crime: Some do as they please like it their lifestyle and some because of loneliness and hunger. If you could lift us, now maybe things can change, people will be working doing their things, then that's when the level of violence will decrease.

(Male, 28, Western Cape)

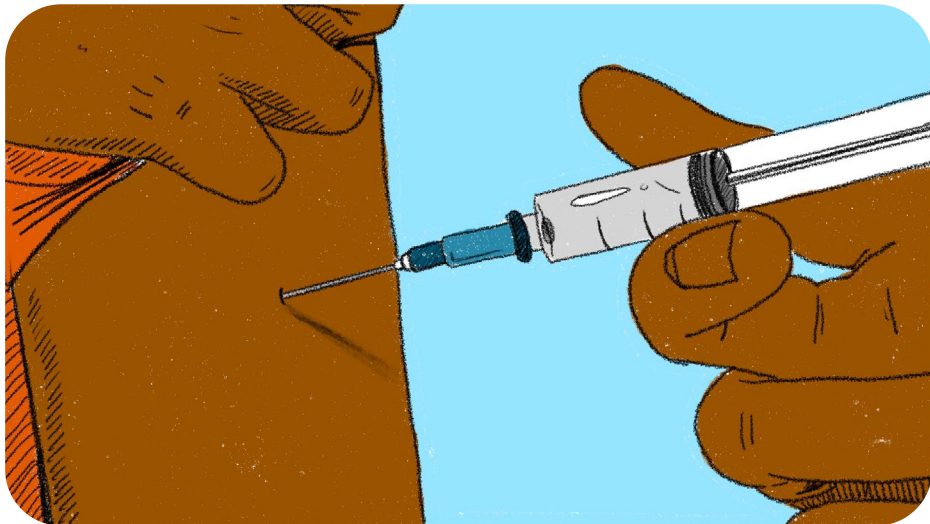
I would speak with the minister of education and say now us as Grade 11's we are going to grade 12 next year we ask schools be open every day because Grade 12 work is a lot to be going twice per week only... The other things we are not educated well on them and that will increase stress a lot.

(Female, 17, Western Cape)



OUR THOUGHTS ON THE VACCINE:

18 MAY 2021
TAGAZINE TIME CAPSULE



"The covid-19 vaccine has been around for a year. Many people have taken it, but some have chosen not to. Have you and those around you registered and taken the vaccine or not?"

Hello guz 😊😊 for me at home there is someone who registered it is my grandmother... I hope it will help her coz I want this disease to end so that everything can get back to normal (Female, 20, Eastern Cape)

Who helped your grandmother to register? 😊 yes so that we can get back to seeing each other. Do you think it will end if there is a vaccine, and why do you think so?

She was helped by me coz he couldn't line up in the long queues her bones are always painful 😊😊 ... yhea I think this vaccine will eradicate this covid most people where I live are really interested in the injection (Female, 20, Eastern Cape)

Hey guys it is my grandma she does not believe in it she says it's a lie and she is afraid to be injected and I didn't sign up coz I'm scared (Female, 22, Eastern Cape)

😊 Has Grandma registered even though she is scared? Who helped her sign up if she did? Why are you afraid of the vaccines you and grandma?

Yes she registered. There are people at the clinic who helps with registration they go from house to house..she does not trust it (Female, 22, Eastern Cape)

Ohhh okay I hear you shame grandma is registered even though she doesn't trust it, why do you think she is registered but she doesn't trust? Do you hope?

And I'm also scared because I heard that it is injected in the shoulder and I'm scared of the needle I so wish there was a pill 😞😞 (Female, 22, Eastern Cape)

So for you if there is a pill would you use it? Why are you scared of the needle?

Yes I would use pills ... the problem is the needle is painful yhu 😞 (Female, 22, Eastern Cape)

Hello people, hey, I don't want to lie, most of the time I'm at work and when I'm off I don't hear anyone saying they are sick or sick from anything and I'm also not sick (Male, 24, Eastern Cape)

Have you heard anything about the vaccine? If you heard of it or had time to get it would you? Why?

I've heard sisi but no i'm scared yhoos i don't think i will get it on i hear about it on the radio (Male, 24, Eastern Cape)

What are you afraid of?

it is said that people vomit blood clots (Male, 24, Eastern Cape)

No one has registered but I will not get it because I have seen how to treat myself and I am still safe in this Corona situation
(Male, 21, Western Cape)

Is there someone who has registered or already received it..but I for one don't really think I want to cos there is a mixture's that we drink here at home each person..so for me even if I don't get it I always protect myself at all times
(Female, 23, Western Cape)

What kind of mixtures are these? How do you protect yourself? 😊 Why is has no one registered in your household?

We mix lemon, ginger, garlic in 1 bottle then we have 2 mini cups daily.. In the morning when waking up and late when going to bed ... thing is we don't know much about this vaccine and we've been hearing this and that about this vaccine..so ja
(Female, 23, Western Cape)

Wow to the mixture! 😊 What kinds of things do you hear about vaccine? What do they say it does? What do you think needs to be done so that you are well informed about the vaccine?

Hey I've been hearing such things like some people who've been vaccinated some of them being sick experiencing headaches or body aches ... I wish they would make an effort to at least try to tell people whether who actually gets sick from the vaccine cos people will end up being scared of getting vaccinated
(Female, 23, Western Cape)

Hello ... Here at home it is only Mama who has got it because she is also a Nurse ... To follow will be my Dad because they want people who are "just below 60"
(Male, 21, Western Cape)

Thanks for sharing 😊 would you register if it was opened to you? If no or yes why do you say that?

I will register when it opens for us ... Rather be safe than sorry My sister ... We don't know what is coming (Male, 21, Western Cape)

No one at home has registered, and I'm still scared because of the hear say's about these vaccines. But now I feel that the number of people using it is increasing (Male, 28, Western Cape)

Thank you what are some the things that make you scared?
Why isn't anyone registered in your home do you know?

People are scared, saying the if the vaccine was "expired", it makes it easy for your immune system to catch covid-19 fast because you know a lot of people
(Male, 28, Western Cape)

Hello ❤️

Nobody has registered here at home and nobody has got it yet. I don't know how serious Corona because i remember in Dec i was pregnant i had a headache that would not stop so when i went to MOU clinic they said i must go for a covid test surprisingly results came out positive i was so stressed i said i will die with my unborn baby n these results came the same day i tested it and immediately they called me to be admitted we did not want to so I called my doc and they said it may not be my results so I should not accept that only thing I have to do is do take too much fluids and Panado and I was fine so I will not get vaccinated (Female, 22, Western Cape)

Sorry for the what you went through that, but did you eventually know if the results you got were yours ? Why did the doctor think you got the wrong results, did he explain? Why do you say you will never register for a vaccine? Why doesn't anyone register a vaccine in your home?

He said vaccine said that if you test for corona the correct results came out after 7 days they would not come out the same day.

I don't know for others but for me I don't want to put in something that might not work out for me or make me sick even for example it is said that instead of this corona to subside or it ends give birth to babies (multiplies) that means we are not close before we even close this covid chapter until I hear many be testifying If yes, this vaccine helps maybe I might consider to get it for now I have things that I will be drinking so that I am okay, I am not coming at all.
(Female, 22, Western Cape)

To hear more about adolescent vaccine perspectives and intentions, please see: South African Health Review (2021), Chapter 28 (link for the online version - https://www.hst.org.za/publications/South%20African%20Health%20Reviews/Chapter28_SAHR21_04022022_OD.pdf)

HIGHLIGHTS & LOWLIGHTS

“What were the highlights and the lowlights of Covid-19 lockdown for you?”

I was happy because I didn't along with my dad because of situations so now we get along, we are friends, we share a lot of things... my lowlights was nursing my brother who was sick for a very long time, he was not able to do anything, he then died on my hands.

(Female, 22, Eastern Cape)



My highlight

I think lockdown brings family together that thing of staying in the house look at each other have conversations and cook together and it was nice that was happening a lot. I was happy to spend time with my family as you see on this picture it was in the morning and I drink coffee a lot something I used not do.

My low light

Would be not seeing my friends and not going to school while the time moving while locked in the house and could not do most of the things.

(Female, 22, Eastern Cape)



Lows:
- Being stuck for too long in the house, not getting to watch your favorite shows because everyone is at home



Highs:
- Spending more time with family
- Being lazy
- Getting to work on yourself

My highlight

I was happy because ever since I was sitting at home and I was not allowed to leave without permission so level 5 was nice that way because it makes us spend a lot of time with our parents and our families

My lowlight

I was stressed because of books because I couldn't study some of us in this online thing and we didn't have data so that makes me stressed because in the studies I was getting behind a lot.

(Male, 21, Eastern Cape)

Highlight it was waking up everyday, and have time to spend with family, n PSP. Lows robbery here is too much now, gun shots during the day. Seems we not safe in our communities.

(Male, 28, Western Cape)

WEEK 2

WEEK 3

Hi everyone... Hope you are all good and i wanna share my highlights and lowlights.. (Male, 21, Western Cape)

My Highlights

Is that I finally got my Certificate of being an IT Specialist in broad Based digitals skills.. Which mean i am a qualified web developer

(Male, 21, Western Cape)

My lowlight is not to see the phillipi festival we were going to have not happening on the planned time

(Male, 21, Western Cape)



YOUNG PEOPLE & RESILIENCE

“We all experience times that are good and times that are difficult. Each of us has the strength to get through hard times. Imagine that different parts of our lives give us strength like a body. Our head is our thoughts and beliefs, our hearts represent the people that we love and care about, and our hands and feet represent the things around us in our lives and communities that help us.”



10 FEB 2021
TAGAZINE TIME CAPSULE

HEAD: OUR THOUGHTS AND BELIEFS



02 FEB 2021
TAGAZINE TIME CAPSULE

HEART: THE PEOPLE WE LOVE AND CARE ABOUT



15 FEB 2021
TAGAZINE TIME CAPSULE

OUR HANDS & FEET: THE THINGS IN OUR LIVES AND COMMUNITIES

HEAD: OUR THOUGHTS AND BELIEFS

02 FEB 2021
TAGAZINE TIME CAPSULE

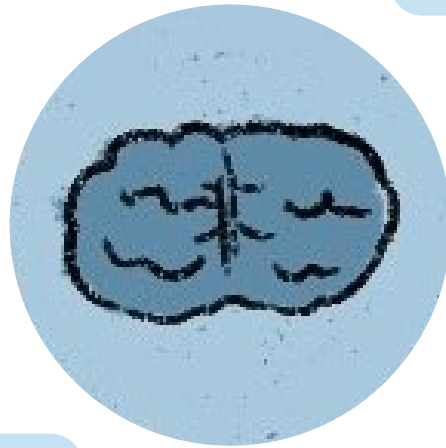
Hello peeps it's good to be back ... the most thing that kept me strong was not giving up hope and praying
(Female, 20, Eastern Cape)

Hey everyone good to talk to you again I think the thing that makes me strong is to have hope that one day everything will get back to normal we will stop living with this virus because it makes life a bore now and life is annoying because of this corona
(Female, 23, Eastern Cape)

During the Covid I gave myself hope that everything pass and God will never let us down. What I believed in mostly is the Bible. When I would read it and I found out that it mentioned all these things for an example money corruption, the bible also says one day we will want to get God and not get him during lockdown churches were closed people wanted to go to church but could not because of this Covid and also bible tells there will come diseases that can't be cured so the bible talked about everything happening now. (Male, 21, Eastern Cape)

Please tell me how you would strengthen yourself when you would sad and hurting and things were not alright during this time you strengthen yourself by thinking what kind of thoughts when you were not reading the bible?

The only thing I can do stay within hope and tell myself all this corona challenge will pass what I need to do is to just follow the regulations given keep myself with mask and prayer.
(Male, 21, Eastern Cape)



Okay. My beliefs were I kept myself with sanitizer every five minutes and I always wore a mask all the time and I always was not in the crowd and I always prayed.
(Male, 20 Eastern Cape)

My eyes gave me strength Because I could see things that encouraged me. My mind helped Because It helped me think of Important things like my heart.
(Female, 21, Western Cape)

Can you explain to me the things you were thinking when you encouraged yourself in your mind? And the way your eyes see things, how do you see things? The things you see how did the encourage you? Please tell me.

I had to always think positive for example If I think It and see things positively
(Female, 21, Western Cape)

Yes It Isn't easy, but It Is necessary to think positively because thinking the wrong things sometimes can hold a person back
(Female, 21, Western Cape)

Hello Sisi ... I would find strength by thinking about my background and how I grew up before and tell myself I won't live again the life I lived and I empowered myself by looking at my grany and tell myself if she was not around I don't know where I would be and what I would be these are things that gave me strength even when I would think of giving up in life especially she is my pillar
(Female, 21, Western Cape)

Hello on TAG me when I would lose strength since they opened soccer my strength came back. (Female, 21, Western Cape)

HEART: THE PEOPLE WE LOVE AND CARE ABOUT

Hello I think firstly is my whole family shame and my friends and neighbours ... those people care about me and give me love and advice and in days that were tough to me And during this covid I would say the most person who reminded me and give me advices on ways of living its my uncle. We know people who work in the clinic about caring for people and they are also afraid of this covid even though they care more about us people.
(Female, 23, Eastern Cape)

Thank you for sharing oh yes your uncle works at the clinic would you say family and neighbours cared about you in this way? Would you say that they strengthened and supported you in the same way or in different ways?

well with my neighbours cared for me because sometimes I would go outside the house to take a ride and my neighbour would say wow you looking beautiful where are you going are you taking your self out do you have a mask with and I would have forgotten it because the mask is forgettable. They guard a person who visits another house with no mask on
(Female, 23, Eastern Cape)

Hello I am sorry for not responding last ... I am facing many things here at home ... to answer the question..I will start by saying it is my family and my lovely friend and her/his family I am very grateful for them in my life they care about me wish me well in my life not forgetting my grandmother who is always with me no matter what I love my granny .. also not forgetting people in the hospital who worked hard trying to save me when I was sick but now, I'm alright
(Female, 20, Eastern Cape)



1, someone has supported me is my Grandmother 2, she encouraged me by staying with me and advising me when I find myself in trouble I should pray and be hopeful at all times and I should never give up (Female, 21, Western Cape)

What words or ways your grandmother encouraged you which strengthen your heart?

let me not lose hope and when I feel sad let me pray and if there is something I do not like I must speak up and not sulk (Female, 21, Western Cape)

Were there other people who supported you other than grandma during Covid19? If so, how did they support you?

My aunt, for example, am a person with Asthma so whenever it begun to be up I would call her and she would be the one busy organising medication for me.
(Female, 21, Western Cape)

1. Someone has supported me is my mother 2. She encouraged me to follow the rules of Covid and I was thinking of support not to lose hope in my studies.
(Female, 21, Western Cape)

OUR HANDS & FEET: THE THINGS IN OUR LIVES AND COMMUNITIES



15 FEB 2021
TAGAZINE TIME CAPSULE

1.church 2. When things get tough n no one to talk ..when there's no hope for me 3.the church made me strong and taught me that praying is the best medicine
(Female, 23, Eastern Cape)

During this time of COVID we would go to the field on Monday and Friday I would do exercises and run coz it is said that if you always exercise you will be healthy and you sweat so it is not easy to catch Covid on Sunday I go to church so I would strengthen myself with that (Male, 21, Eastern Cape)

I used to stay at home when I was tired of TV, I would go and spend time with my friends and listen to music or play soccer to pass time.
(Male, 20 Eastern Cape)

To be honest, I like to stay indoors, I'm a homebody. I enjoy my space and peace very much. The only time I went outside was to do errands
(Female, 21, Western Cape)

To be honest ever since schools closed I found out I was pregnant what I used to do was stay home then when it's time to go to the clinic I just go and come back (Female, 21, Western Cape)

thank you for sharing LL09WC How do you think these 2 places at home and at the clinic give a *** there? How do these places support and strengthen you? Why do you like to be in these places?

at home I have my own piece of mind I think well My things and clinic is where I find happiness bcz I get good news that my baby doing alright there is nothing is wrong with him (Female, 21, Western Cape)

For me since the beginning of this covid I was always with my friend we would take a walk and take tons of pics together we are people who like to have fun, we buy things we relax all day I would help my mom with the kids I cook and go with my friends until July when i found out that am expecting things changed right now all I do is sit at home do house chores Clinic has become my friend too coz am forever there there is nothing interesting I do anymore
(Female, 22, Western Cape)

How does it make you feel to be friends with the clinic what kind of friend would you say the clinic is ? How would you say it gives you strength if it gives you strength? I am sure it's not easy not to have friends when you used to spend time together and have fun..

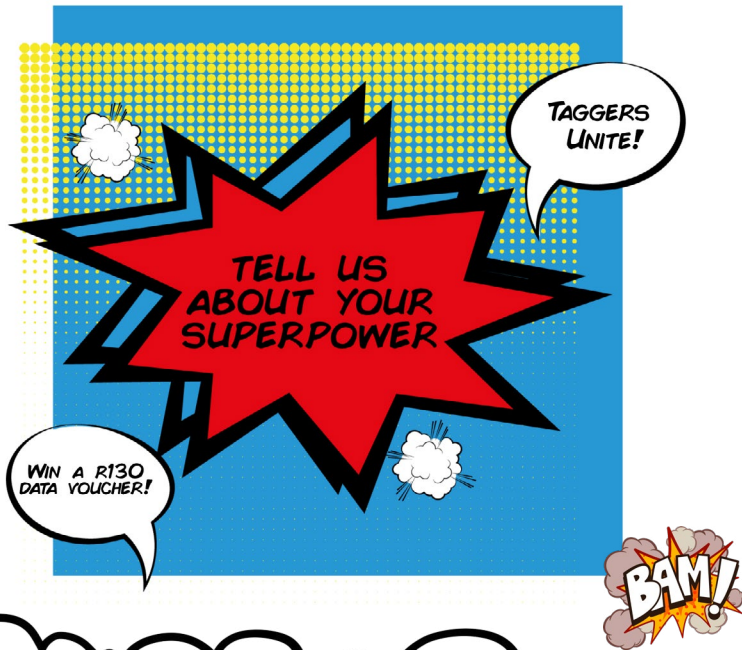
clinic is not a good friend because to even enter that door makes me sick, I don't enjoy being there am only there because am fighting my little's soul My unborn is the only thing that gives me strength
(Female, 22, Western Cape)

sending you love and strength during this time, I am sorry things have not been okay. It takes strength to endure the little one's soul, I admire your strength If you want to talk you can tell me what is wrong with you here? How do you feel when you get there?

I never liked it there as the date comes closer i would have weird things like nothing would sit in my stomach it's temperature because sometimes I would not come back with good results there is always something going sideways that would be said about the baby
(Female, 22, Western Cape)

SUPERPOWER CHECK-IN

"If you could have a special superpower, what would it be? What does it help you do? How would it help your family or community?"



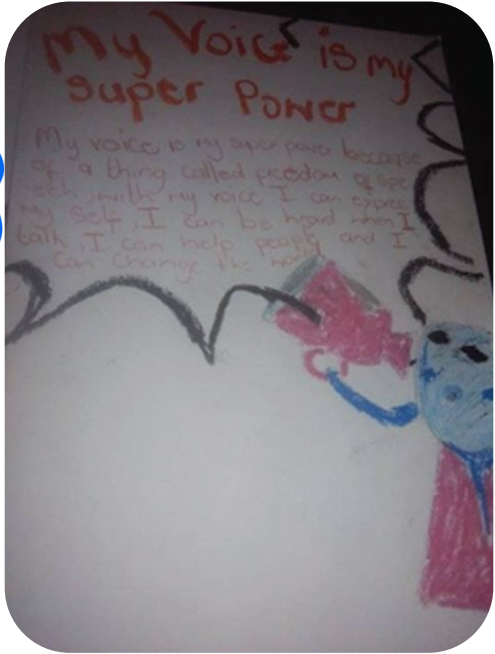
My super Power is dreaming of things and they actually happen in reality ... It helps me to help the people I dream about and they believe in me when they see what I told them or it happens to them ... my family helps them to an extent that the family would consult someone about what I have told them and that person tells them the same thing I dreamed exactly ..most of the time it gets helped by asking me about a lot of things related to family members' dreams
(Female, 21, Eastern Cape)

I would say my super Power is the Bible it helped me a lot especially with this Corona thing cz it explained everything that will happen and what we should expect so when I read it, I would find myself feeling strong and when I pray, I feel strong and when you believe in everything there is a solution to whatever it is. I would give myself hope that nothing is forever even this Covid 19 would end whenever it ends so that is what helped me!
(Male, 21, Eastern Cape)

Well my super powers was to calm people down during this pandemic so I got used to it and some of the people who notice it in my community were always amazed and healed because they could see how it helps me ... with the power I have I can do alot coz there are so many people who need help even today so my powers is to calm them down and never stop giving them hope so that they can move on with their lives normally
(Male, 21, Western Cape)

I keep persuading and convincing to live their normal lives as if this corona virus issue has been solved instead of living in fear but I make sure they don't forget to keep them safe and follow the procedures
(Male, 21, Western Cape)

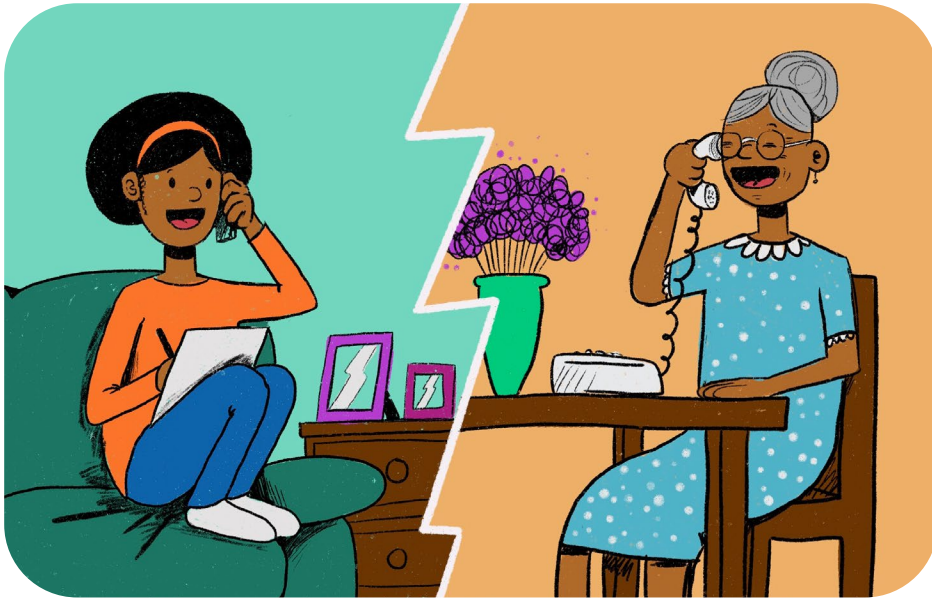
Sies Can't Draw but I Tried my Best ..so this is the Task we were Given this week so Ker make my Superpower is my Voice Because without my Voice I will not sound so with my voice when I speak I want to be listened to and heard when I Talk
(Female, 21, Western Cape)



Hello at home Confidence. Talkative & smiling those are my super power's I love myself a lot and I'm confident about myself but not about anyone else ..I my community I'm always known for respect off which also adds more confidence in me ...I don't like bad or wrongs I always make sure everything goes accordingly ..I love smiling so if it was said that beauty was pain I would not be in pain because of my smile and that smile makes everyone love me ..
(Male, 17, Western Cape)

INTERGENERATIONAL INTERVIEWS

22 FEB 2021
TAGAZINE TIME CAPSULE



“Intergenerational conversations are valuable to us. Talk to someone who is older that you trust and respect. A grandparent, an aunt, a neighbor, your pastor or family friend. Ask them the same questions that our young advisors asked their older counterparts.”

Interview questions:

Question 1: Tell us, what has COVID-19 been like for you?

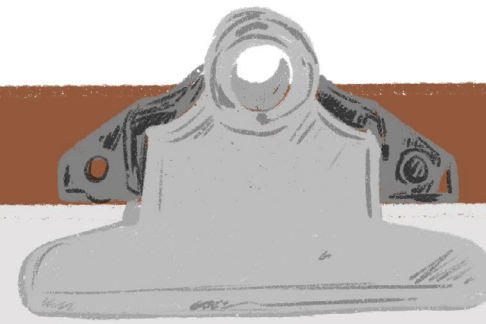
Question 2: What has helped you to survive/cope with difficult parts of COVID-19?

Question 3: Have you ever gone through any other difficult experiences? How did you get through it?

Question 4: Were things that you did to get through COVID-19 the same as or different from this other experience? Please explain.

Please tell us, who did you speak to?

without telling their name - e.g. aunt, neighbour, grandmother, etc.



hey peeps I interviewed my grand mother.

“All I can say is this Covid was just like a blockade because I was sitting at home it was even hard to go to church where I used to relieve my stress. It's always praying and ask for strength from God that I don't get this is disease”

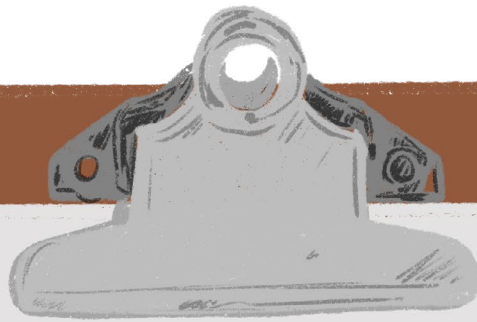
“Yes (I have gone through another difficult experience) because my mother left me and it was even hard to go to the funeral. There's nothing I've been doing but praying because nothing will pass prayer.”

(Female, 20, Eastern Cape)

Ndim (It is me) I interviewed my Brother

“Covid-19 is really ruining our lives because I lost my job and it is hard to find a job during this time of our lives. Every time and everyday I follow the easy steps that our government provided us with to keep ourselves safe and strong during this pandemic. Wearing my mask all times sanitizing my hands everything and keeping social distance. Unfortunately during this pandemic I haven't experienced anything I can't handle because it has been a very easy task to follow the rules the government placed for us to follow. In this pandemic I have been a good citizen and I stayed at home to prevent the spread of Coronavirus.”

(Male, 21, Western Cape)



Full interview between young advisor and older person (responses only):

"I would say Covid-19 is annoying. Apart from being infected with it, I have had it twice, but the situation of things with it around is annoying because there is no direction, life is carrying on but there is no direction, with school, employment, business, yah they are not going well but they are just carrying on but not doing well."

"I would say it's that I was not alone. Ever since lockdown so I never worked, didn't go to school but then after level 5 I was able to do other things, but then during that time those hard lockdowns, the person I am dating was there for me so then let me say since I was with her I didn't feel lonely. So then I didn't feel like well there was that part I wished I could do something but then the heart was fine just that the mind got tired of doing nothing."

"With family, it was not easy because there was a point whereby we all had Corona but luckily no one died, and then now there are 2 people who have it and one of them is in a bad situation. So now it's tough because they can't even admit them at the hospital because he is not too sick of which we can see the person is not alright because they are person with health issues."

"Covid19 I treated it as another challenge of life whereas like when you are mourning it becomes tough and to get through that pain you need to keep busy so covid I treated it the same way too I didn't get hung up on how the situation was like and I tried keeping busy even though there were these lockdown limitations, so I think that's why I was able to pass through it and became okay, better than before, I would say."

"Just to add on to what you are saying, many of us are experiences a lot of difficulties about the covid19 this may include feelings about getting sick as you have stated down the government restrictions were struggling to see when the pandemic might end there are some of the common feelings people have told us they are having during corona virus you may also experience many feelings about the pandemic that's what I could state down due to my own acknowledge. Yes, thanks for this interview."

"Alright thank you"
(Male, 24, Eastern Cape)

REFLECTING ON MY INTERVIEW

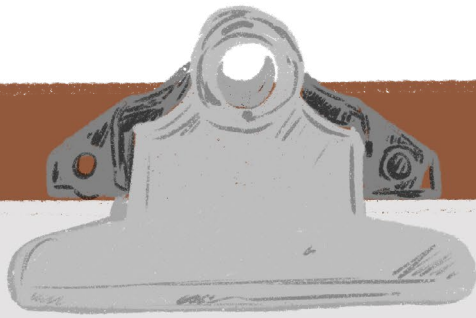
09 NOV 2020

TAGAZINE TIME CAPSULE



Last week you spoke to an older adult about how they coped with COVID-19 and other difficult challenges. This week we want to hear from you about how it went. Please tell us, in any way that you want:

1. What was last week's activity like for you? How did it make you feel?
2. What did you learn about the person you interviewed?
3. What has helped you to survive/cope with COVID-19?
4. Are the things you do to cope the same or different from the ones that they do? Is there anything they do to deal with the hardship that you would like to do? Or something you can't do to deal with hardships? Please explain this to me.



1 - I enjoyed our past activity, it made me feel happy because Covid 19 how others looked at it or compared it to and we as people have different experience about Covid 19

2 - I have learned a lot from him and I have more knowledge, there are some things I did not know and I have learned that during this Covid you need love and support from your loved ones

3 - I what helped me to survive during Covid was that I prayed whilst my mother gave me love and encouragement all the time

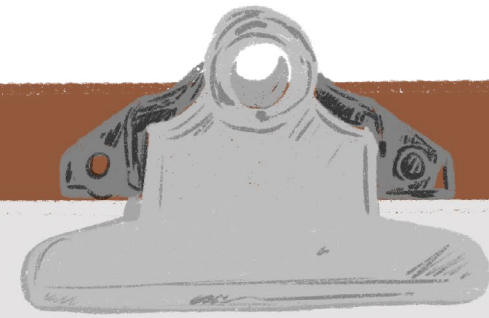
4 - Some are the same, like keep on wearing your mask, stay at home, sanitize and keep praying at all times
(Female, 23, Western Cape)

1 the activity was kinda hard for me in a way that i didnt know who to interview n how. Doing it though made me feel very emotional n sad

2 I learnt that shez the most strongest person i know she has dealt with a lot been thru a lot but somehow she managed to overcome everything

3 prayer has helped me halfway through this corona the only thing that stressed me is being pregnant so life changed completely for me i had to have faith patience n to believe that everything will turn out just fine ndisahlle kwelothemba ker (I will rely on that hope)

4 kind of the same cz i let things be as well am not pushing anything ndifundise ukwamkela imeko le ndikuyo (I have taught myself to accept the situation i am in) i mean everything happens for a reason after all in a way am grateful cz this pregnancy brought me n mom closer than be4 (Female, 22, Western Cape)



Thank for this honesty, How did you overcome the fears?

My mom n I thought of making a conversation with her instead of asking questions directly I still have fear everything is far from being okay
(Female, 22, Western Cape)

I felt very strong course I've faced my fear. It was very challenging course I've never had a long conversation with my granny until I ran out of 40 rand airtime talking, but that made me happy because now I am able to speak to her.

I've learnt that my granny is scared to die and she protected her self which is to follow the rules I also i did not know she's a nice person. By staying at home with my family also by praying to God for everything to end.

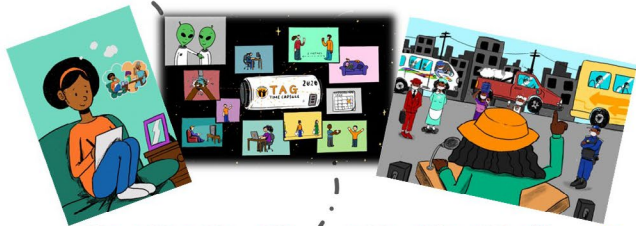
They (coping mechanisms) are different course I've learnt that by staying at home you escape many things. The thing I would never do is go around and discriminate other people course because everyone is trying to help each other so that we will be safe from Corona and our lives.

They are different course I've learnt that by staying at home you escape many things. The thing I would never do is go around and discriminate other people course because everyone is trying to help each other so that we will be safe from Corona and our lives
(Female, 21, Western Cape)



You enlightened us about:

Through different activities you shared our experiences of being young people during lockdown and Covid-19.



2020-2021



We came together before and, when a Covid-19 nation-wide lockdown was announced, we were unsure of when we would see each other again.



This did not get us down and you suggested that we continue our research on Facebook.



Your stories shed light on the experiences of young people in South Africa and what needs to change in our country.

However, despite all the challenges of lockdown, you shared your wisdom of resilience and overcoming struggles in big and small ways. Here, you show the power of youth as the bright future of South Africa.

From your wisdom we learned:

RESILIENCE AND COPING MECHANISMS FOR DEALING WITH CHALLENGES OF LOCKDOWN.

Stay determined and trust yourself

Make time for yourself and mental health.

Make sure you adhere to Covid-19 regulations for yourself and others.

A support network with others is important for survival

The hustle never stops. But we try our best.

From the experiences and wisdom you shared, we can share new knowledge with others.

We might not continue with our weekly activities. But we will still be in touch as we share what you have taught us with others.

TAG FACEBOOK RESEARCH JOURNEY



MURAL



Developed by the Western Cape Teen Advisory Group of the Accelerated Achievement for Africa's Adolescents UKRI HCRF Research Hub, with INTERFER (N. Petersen, A. Su-Ling Sling, M. Hassan, J. De Jong, K. Dramat) and University of Cape Town and Oxford Teen Advisory Group team members incl. L. Gittings, S. Medley, E. Toska, N. Ralayo, J. Chen, N. Lawrence, J. Kelly, S. Bray, L. Cluver, D. Ocholla

MURAL REFLECTIONS

Now that all the activities are completed and the group has reached its end, the group was asked to review the mural they helped co-create.

The TAG WC did research with us for over 10 years. In 2020 we met and they showed us that this is how they want to participate in research.

-The left side shows water being poured into hands. One year there was a water outage at the TAG weekend camp and the water shows how the group worked together to overcome challenges. The researchers and participants are passing the water to each other to show teamwork.

-The water is being used to water a Baobab tree, which is known for growing strong in difficult circumstances. The difficult conditions that the tree grows in represent the struggles of the group members. The tall, strong tree symbolises what their TAG group has grown into together.

-The fruits from the tree are the benefits of their engagement in research, like social support, friendship and skills. The fruits are also changes to policy and programming from the research. The participants and researchers are picking these fruits and sharing them. They are also putting them into a 'research truck' so they can benefit other young people in different parts of Africa.

TAG WC said that Unity, Empowerment and Creating social change are the three parts of research that are most important to them. What do you think? Do you agree or disagree? What parts of research are most important to you?

That is what we exactly planned it's beautiful it shows us Unity and the spirit of Humanity it draws the importance of working together in society
(Female, 21, Western Cape)

Woow this is amazing The research truck is so good on picture and the tree is amazing I love this picture it's so nice. This picture shows Ubuntu and that's what we need right now not from me because this picture shows humanityand that's what we need right now.
(Female, 21, Western Cape)

This picture shows me a lot especially the cooperation of all the people in South Africa all ethnicity groups which shows if we are in unity we are safe I love this art it is inspiring.
(Male, 21, Western Cape)

To read TAG's other outputs, please see:

'Now my life is stuck!': Experiences of adolescents and young people during COVID-19 lockdown in South Africa. - <https://www.tandfonline.com/doi/full/10.1080/17441692.2021.1899262>=
Illustrations from strict lockdown - <https://drive.google.com/file/d/14wb7qcm9pMqvWYkjcCxlhaXxya8lrkA/view>

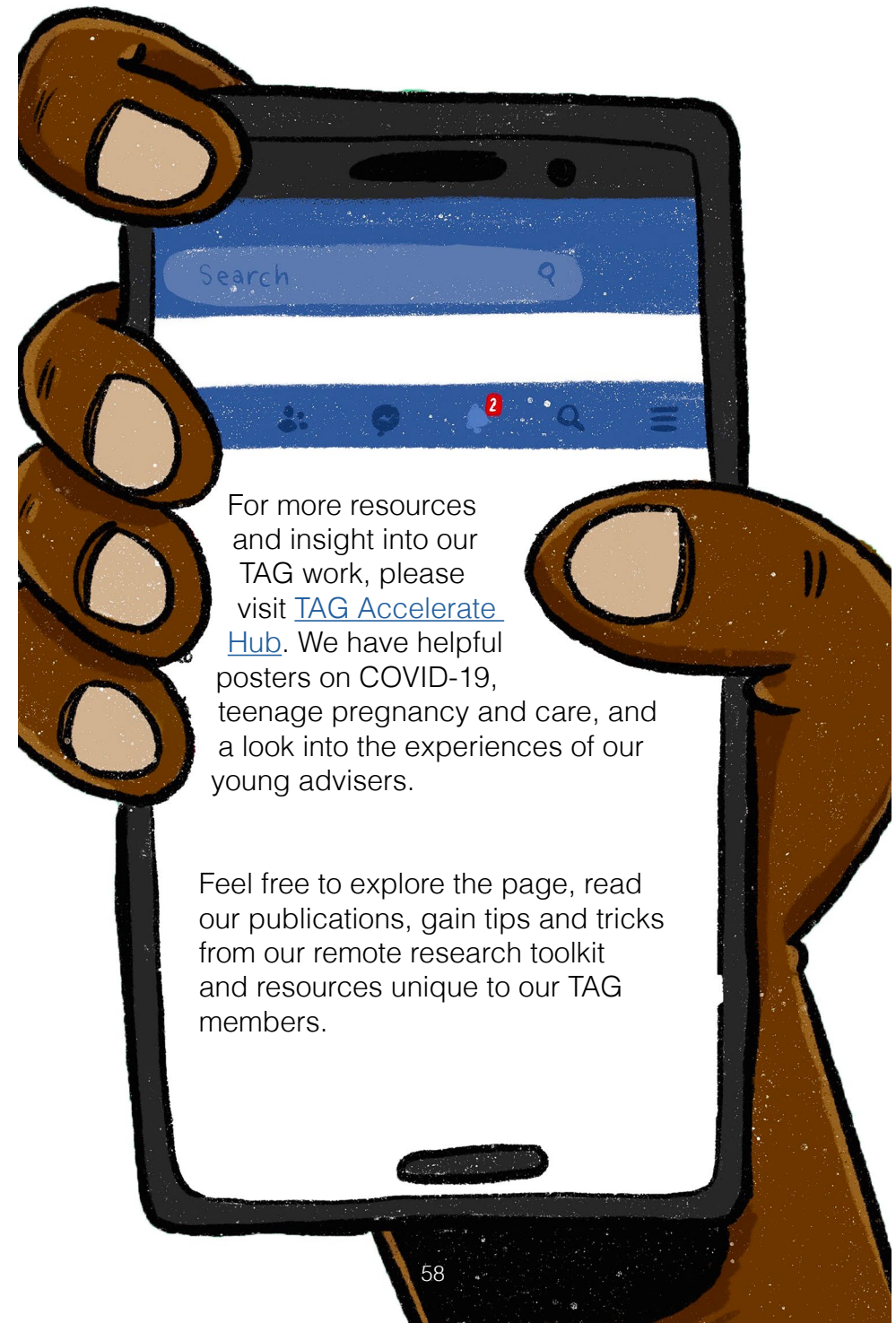
'Even if I'm well informed, I will never get it': COVID-19 vaccine beliefs and intentions among HIV-affected adolescents and young people in South Africa. South African Health Review. <https://journals.co.za/doi/epdf/10.10520/ejc-healthr-v2021-n1-a31>

Art-based reflections from 12 years of adolescent health and development-related research in South Africa. https://academic.oup.com/heapro/article/37/Supplement_2/ii83/6613577

Power to participants: methodological and ethical reflections from a decade of adolescent advisory groups in South Africa. - <https://www.tandfonline.com/doi/full/10.1080/09540121.2020.1845289>



For more information, please visit www.acceleratehub.org or contact info@acceleratehub.org or acceleratehub@uct.ac.za



For more resources and insight into our TAG work, please visit [TAG Accelerate Hub](#). We have helpful posters on COVID-19, teenage pregnancy and care, and a look into the experiences of our young advisers.

Feel free to explore the page, read our publications, gain tips and tricks from our remote research toolkit and resources unique to our TAG members.

THANK YOU

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