

FINANCIAL INSECURITY & LACKING BASIC NECESSITIES



"...Some of them sleep with an empty stomach in their home. It's kind of hurtful because no one can support them..."

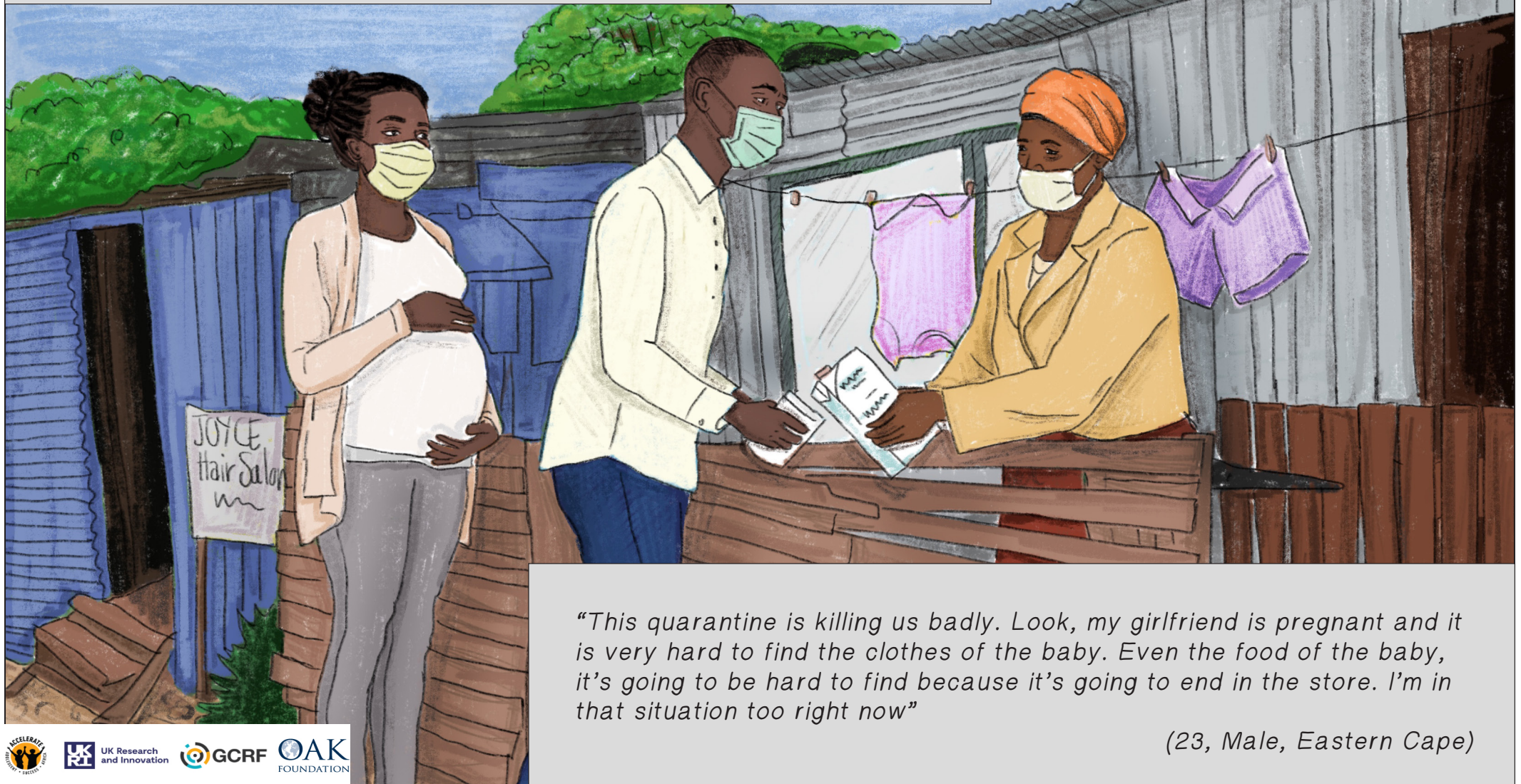
(23, Male, Eastern Cape)



For more information or to cite this work, please see:

Lesley Gittings, Elona Toska, Sally Medley, Lucie Cluver, Carmen H. Logie, Nokubonga Ralayo, Jenny Chen & Jane Mbithi-Dikgole (2021): 'Now my life is stuck!': Experiences of adolescents and young people during COVID-19 lockdown in South Africa, *Global Public Health*, DOI: 10.1080/17441692.2021.1899262 / Link: <https://doi.org/10.1080/17441692.2021.1899262>

BEYOND WHAT MONEY CAN BUY: LOCKDOWN, STORES AND SOCIAL SERVICES



"This quarantine is killing us badly. Look, my girlfriend is pregnant and it is very hard to find the clothes of the baby. Even the food of the baby, it's going to be hard to find because it's going to end in the store. I'm in that situation too right now"

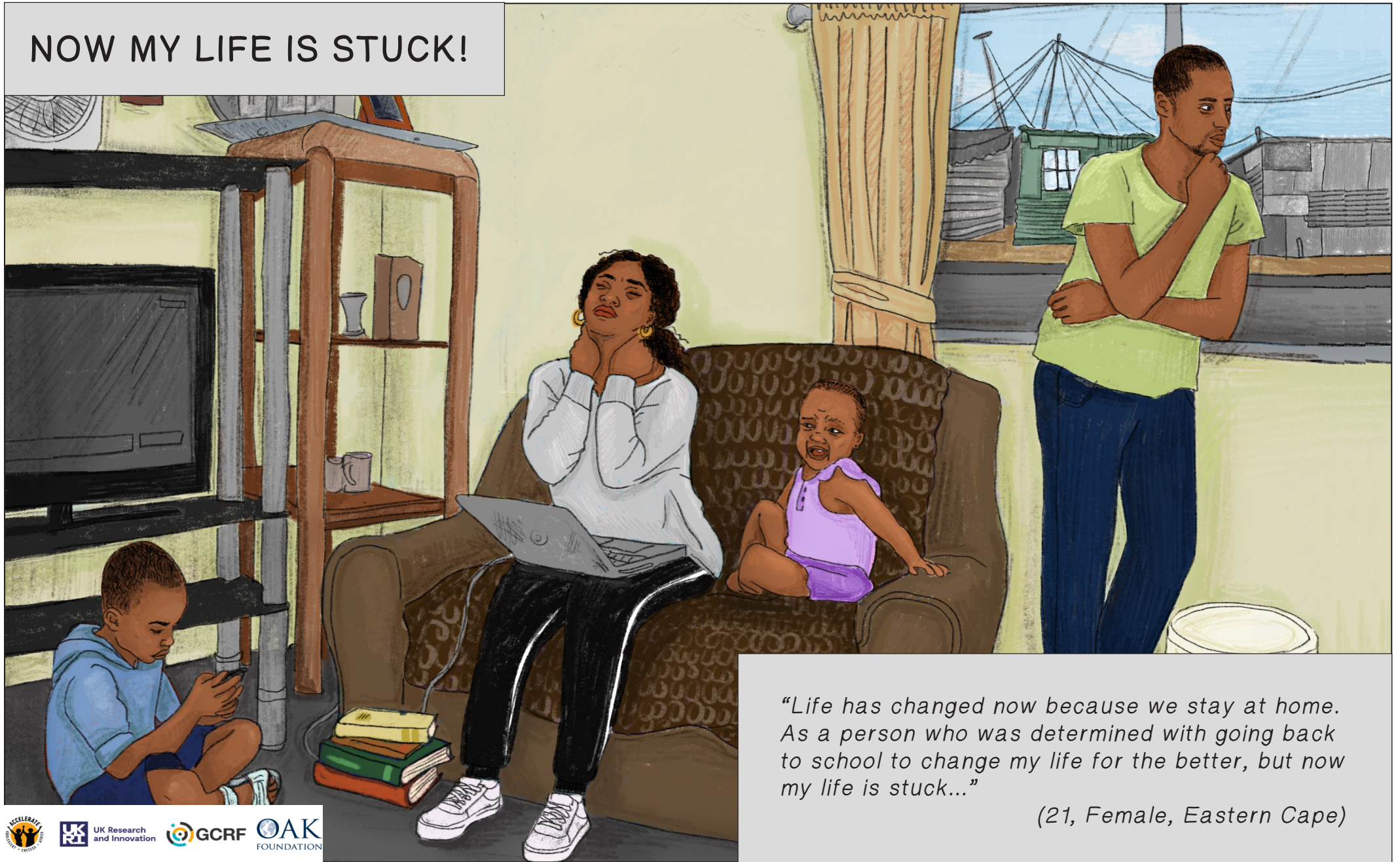
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NOW MY LIFE IS STUCK!



“Life has changed now because we stay at home. As a person who was determined with going back to school to change my life for the better, but now my life is stuck...”

(21, Female, Eastern Cape)

MENTAL HEALTH



“Sometimes I sit in a quiet corner and then I cry. Then I try and gather my thoughts, fine... you need to man up, you need to face this, even if you face it alone, you need to face it...”

(25, Male, Western Cape)

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'EISH! IT IS TOO DANGEROUS': FEAR OF COVID-19



We asked if COVID-19 was an animal, what animal would it be and why?

In response, the adolescent advisors selected predatory animals and pests that are good at targeting people without them knowing, or animals that are pervasive and hard to kill off.

“So COVID-19 is a snake. It moves fast, and is discrete and no one knows how it works”

(19, Female, Western Cape)

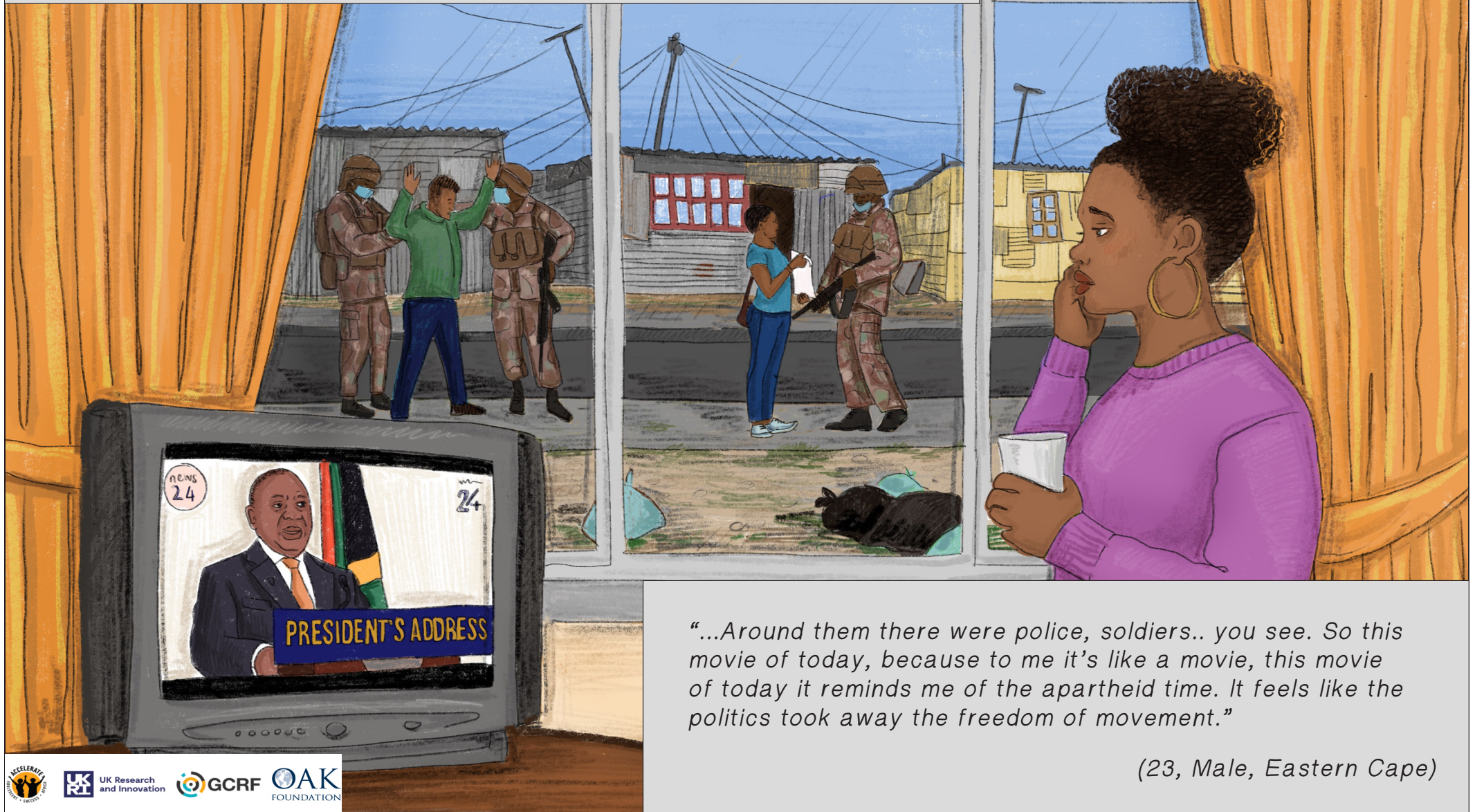
“A lion... Yup, it’s finishing people!”

(19, Female, Western Cape)

“Mosquito, a parasite... it does nothing but destroy the world... how many years will this take?”

(20, Male, Eastern Cape)

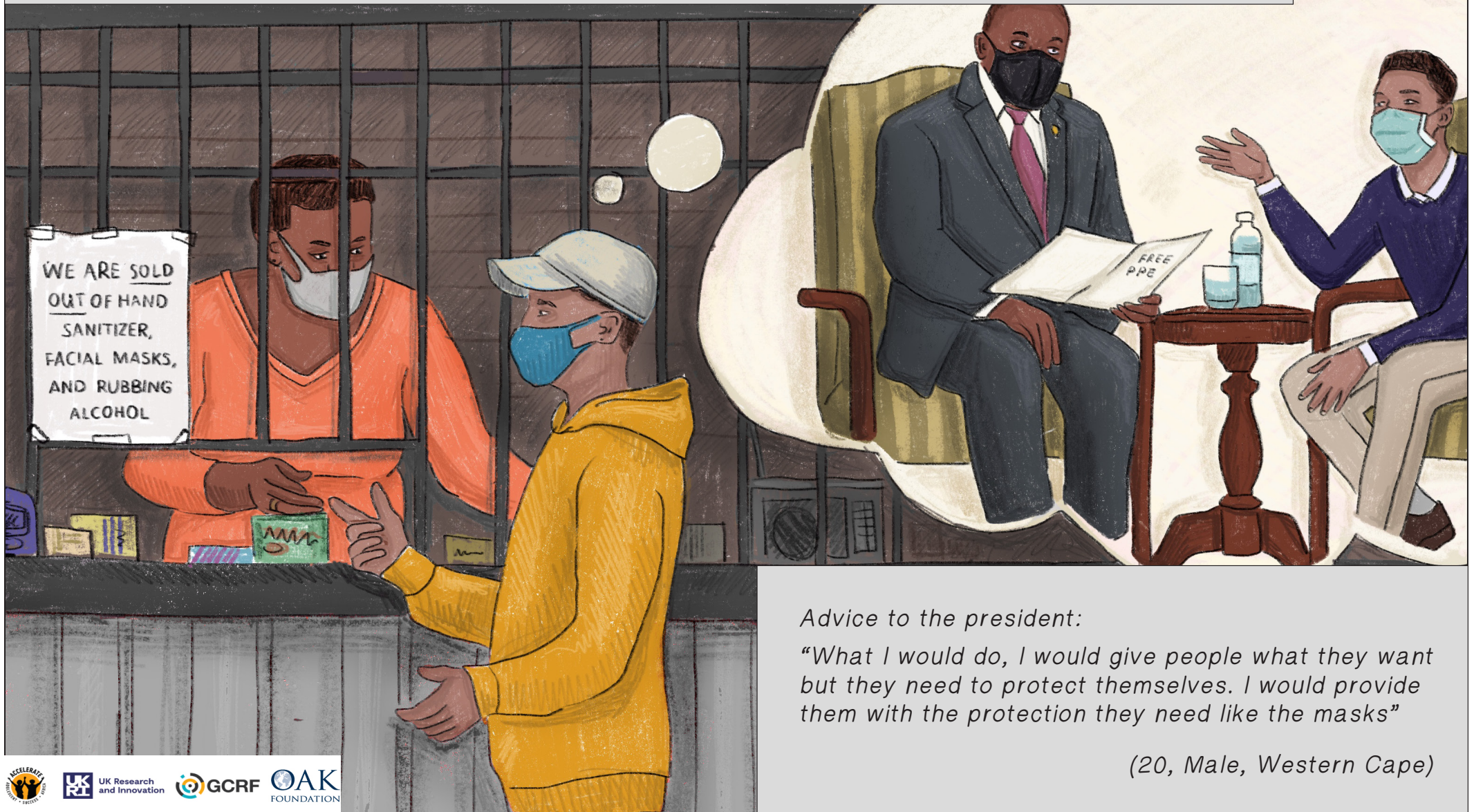
'IT'S LIKE A MOVIE': LOCKDOWN AND POLICING



"...Around them there were police, soldiers.. you see. So this movie of today, because to me it's like a movie, this movie of today it reminds me of the apartheid time. It feels like the politics took away the freedom of movement."

(23, Male, Eastern Cape)

COVID-19 KNOWLEDGE AND ADVISING PRESIDENT RAMAPHOSA



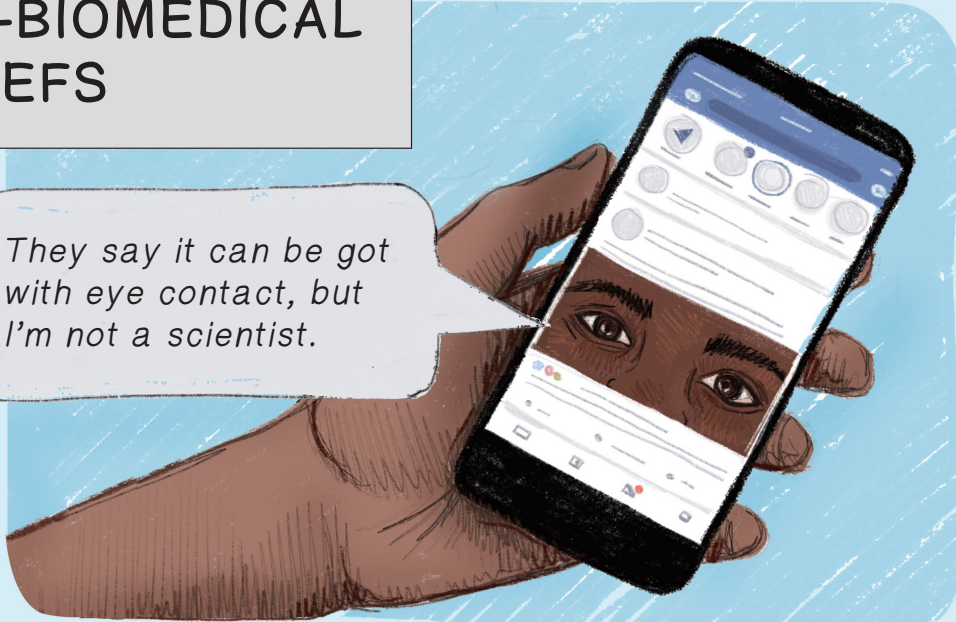
Advice to the president:

“What I would do, I would give people what they want but they need to protect themselves. I would provide them with the protection they need like the masks”

(20, Male, Western Cape)

NON-BIOMEDICAL BELIEFS

They say it can be got with eye contact, but I'm not a scientist.



...they is a mixture that we drink here at home we mix lemon, ginger, garlic in 1 bottle then we have 2 mini cups daily...

